

# EXPERIENCE WHAT YOU GET WHEN YOU GIVE

You give **hope**. You get **purpose**.  
Change their story and your own.

Giving can start here



Scan this code,  
visit [blood.ca](https://www.blood.ca) or  
open your **GiveBlood app**  
to book your appointment.

Every donation is a chance to do  
something **quiet but powerful**.

Visit [blood.ca](https://www.blood.ca) to learn more.



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